



Quick Dessert: 5 Minute Berry & White Chocolate

If you're looking for a very quick dessert, you've come to the right place. This is a delicious and easy to make dessert. It only takes a few minutes to make. By the time you read this easy recipe, you could probably make this dessert. I have recorded it as much for my own purposes as for the purpose of publication. As described here, I really started this site in order to record fast and easy recipes for lazy people like myself. Although this recipe contains white chocolate, the health benefits of berries are still fantastic.

Ingredients

- Frozen berries
- White chocolate (cooking variety)

Method

1. Defrost berries in microwave
2. Place white chocolate on top of berry bowl
3. Microwave for 2 minutes (maximum).
4. Mix, cool and enjoy.