



# Healthy Fresh Fruit Salad

This delicious healthy fresh fruit salad is a wonderful way to use up whatever fresh fruit you have left in the fridge. It's fresh and frugal. As always, this recipe is completely customisable. Any spare fruit will do. These are the ingredients I used this time, and you can use these or any other fruit that you prefer to use. If you're health-conscious, use some berries because many berries contain antioxidants.

## **Ingredients**

- 2 peaches
- 1 orange
- 1 mango

## **Method**

1. Chop fruit
2. Mix fruit together
3. Enjoy ☐

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